

Contact Us

For more information contact us at:
Karrinyup Anglican Church
51 Burroughs Road
Karrinyup 6018

Rector Revd. Michael Stuart
Phone: (08) 9341 5572
michaelkac@bigpond.com

Office Information

Mon, Wed, Thu & Fri 9 am - 1 pm
(08) 9341 5572
kac53@bigpond.net.au

Account Details

Bank: Anglican Community Fund (Inc.)
Account name: Anglican Parish Karrinyup
BSB Number: 706-001
Account Number: 30007235

KAC Website:
www.kac.net.au

Visit us on our facebook page:
www.facebook.com/karrinyupanglicanchurch

English Classes

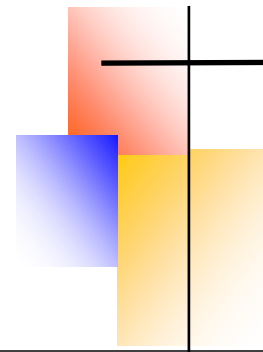
Day and Time: Friday 9 to 12 am during school term. **Cost:** \$4 per person
Open to: anyone whose first language is not English

Worship Times

Sunday 8:00 am Traditional Anglican Prayer Book, Holy Communion with Hymns
9:30 am Contemporary, Family Worship, Communion and Children's Church
9:00 am Months with a fifth Sunday will have one combined service that day

Life Groups

Monday mixed group 10 am - 11:30 am Contact Ian: i.malcolm@ecu.edu.au
Monday Women's Group to meets every 2nd and 4th Monday of the month excluding school and public holidays 12.30-2.30pm. Contact Nola: 0409683762
Tuesday mixed group 6:30pm for 7pm start to 9:30 pm Contact Karen: karen@iinet.net.au
Wednesday mixed group 7 pm Contact Tony: 0403945719 or Lynne: lms5591@outlook.com
Wednesday mixed group - Bible Study 7:00 pm Contact Louisa: 0405588775
Thursday ladies craft group 10 am-3 pm Contact Jan: 0421850176



Karrinyup
Anglican

Church

Old Church - New Life

13th June 2021

Don't make me Angry!

As human beings we are emotional beings. Emotions are a fact of life from the moment we're born if not before. We feel emotions such as love, happiness, surprise, sadness, fear, and of course anger. Anger is one of the more potentially problematic emotions that left unrestrained can cause so much harm pre-eminently in the form of violence. As Christians we also often believe the easiest way to deal with anger is simply to suppress it, to ignore it and dismiss any attempt to express it.

Nonetheless like all emotions it has its place. Medicinal science tells us that the prolonged suppression of anger can lead to very real and dangerous health issues. We know God gets angry and had good reason to be angry as did Jesus. As we read of anger, especially human anger, in the scriptures we need to be mindful of the context and of our own state of mind. There are times when we too have good reason to be angry as a personal or societal injustice. The challenge then becomes that of what we do with that anger, too channel it into prayer or godly action rather than sit on it and let it stew or rage and lash out.

Deep down though much of the time our anger is predominantly selfish. Elsewhere in the letter James challenges his readers about their unenlightened self-interest. How often such selfishness shows itself in anger, rage and malice. We know Jesus commended Christians to work out their grievances in a godly way that leads to forgiveness, repentance and growth, the promotion of righteousness. Each and every day called to put off the old self marked by such selfishness and anger and put on the new self, marked by selflessness and love. In this crucial act of living discipleship, we once again call out to God for his Spirit to help us grow in Christlikeness.

THIS WEEKS READINGS:

1 Samuel 15:34-16:13

James 1:19-27

Mark 4:26-34

SERMONS PREACHED BY:

Michael Stuart

Title: Just Doooo It!

MISSIONS

Please pray for CMS. You can find out more about them by checking out our Missions Board and/or speaking to Blodwyn Timms
You can also find out more about CMS by going onto:

www.cms.org.au/wa/

Or on Facebook:
www.facebook.com/cmswa

Notices For This Week

1 Thessalonians 5:16-18 Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you

Please continue to pray for

- Our sister in Christ June Marsh as she settles into life in Bunbury
- And our sister in Christ Yvonne Martin

WELCOME

Today we welcome Julia and Alex and baby Maria's family and friends to church as we baptise and welcome her into God's church.

KAREN ON HOLIDAY FOR JUNE

As of Tuesday 1st June Karen will be on holiday for the whole month of June and will return Thursday 1st July. You can leave messages on the office phone number and Michael will be checking them and getting back to you as soon as he can.

HELP WITH FLOWER ARRANGEMENTS

We are in need of a few more people for the roster to do the Sunday flower arrangements. So if anybody could help out please let us know by contacting the office or if you see Von Bromilow have a talk with her about it. It's not difficult to do and she is happy to show people.

VISITING YVONNE

Anyone wanting to visit Yvonne at home needs to remember masks must still be worn and proof of flu vaccine provided. Contact Michael for more information if needed.

LAWN MOWING ROSTER

If anyone can volunteer to be on the lawn mowing roster please let either Kaye Malcolm or the office know.

KAC CONTACT DIRECTORY 2021

KAC Contact Directory 2021 - there will be a few copies on the back table.

SERMON DOWNLOADS NOW IN ARCHIVE

Dear KAC Sermon Archive listeners,

I've updated the Karrinyup Anglican Church Sermon Archive with the Lent series.

Regards, Kevin Mullen, Webmaster

Lent 2021

Deuteronomy 19-25 Good Relationships - Michael Stuart 7_2_21

Psalms 25 (Lent 1) The Practise of Mercy - Michael Stuart 21_2_21

Psalms 22 (Lent 2) Never Alone? - David White 28_2_21

Psalms 19 (Lent 3) The Revealing God - Michael Stuart 7_3_21

Psalms 107 (Lent 4) The Transforming God - Ian Malcolm 14_3_21

Psalms 119 (Lent 5) Thy Word is a Lamp to My Feet - Michael Stuart 21_3_21

Exodus 34:1-10 What is Worship? - Michael Stuart 25_4_21 - this one also on

facebook.com/groups/1516051731878182/

PRAYER MEETING BEFORE THE 9:30 AM SUNDAY SERVICE IN CRECHE

LIFE EXPLORED

Life Explored is a seven-session series created by that explores the Bible story and shows how our deepest desires for happiness can only be satisfied in Jesus Christ. If you or anyone you know would be interested in this please let either Michael know or contact us through the Office. Contact details are on the back of this Newsletter.

COVID-19 UPDATE & SAFEWA APP SCANNER FOR QR CODE

1. We can now have 100% capacity attendance in our building. People can register their attendance through the SafeWA app or through a written record of attendance upon entry. **Good hygiene should be maintained before, during, between and after services.**
2. Again, if you are not well and suffering from any kind of respiratory illness or are at risk, consider staying home. Services will be streamed for a little longer.

Children's Church

Kids At Church for children over 3 years meets in the Ark @ 9.30am service during school term, for fun Bible teaching, songs, prayer, games and craft. Contact Kaye on 0422 965 214 or kayemalcolm45@gmail.com

Mainly Music at Karrinyup Details

Tuesdays (during school term) 9:45-11:30am
For children aged 1-4 accompanied by an adult

At Karrinyup Anglican Church-
51 Burroughs Rd Karrinyup

First Visit is Free. \$5 a week per child.

Payment per term is preferred.

Morning Tea if provided for all.

Email for more details at:

mainlymusic@karrinyup@gmail.com

mainly music
est. 1990

Family Prayer Cycle

Week Commencing 13th June 2021

- Andrew Stuart and family
- Michael & Alison Stuart and family
- Ron & Christine Tapper and family



This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. 1 John 5:14

General Prayer Points

- Prayer of thanks to our Heavenly Father.
- Those or their family members who are ill.
- Thank God for His provisions and pray for all our expenses to be covered.

PRAYER REQUESTS

Write any special prayer request for this week on the back of the yellow 'Welcome Card' in the box at the back of the church and drop it back in.

