



Karrinyup Anglican Church

Contact Us

For more information contact us at:

Karrinyup Anglican Church

51 Burroughs Road

Karrinyup 6018

Rector Revd. Michael Stuart

Phone: (08) 9341 5572

michaelkac@bigpond.com

Office Information

Mon, Wed, Thu & Fri 9 am - 1 pm

(08) 9341 5572

kac53@bigpond.net.au

Account Details

Bank: Anglican Community Fund (Inc.)

Account name: Anglican Parish Karrinyup

BSB Number: 706-001

Account Number: 30007235

Visit

us on our facebook page:

www.facebook.com/karrinyupanglicanchurch

KAC Website:

www.kac.net.au

Worship Times

Sunday 8:00 am Traditional Anglican Prayer Book, Holy Communion with Hymns

9:30 am Contemporary, Family Worship, Communion and Children's Church

9:00 am Months with a fifth Sunday will have one combined service that day

Wednesday 9:30 am Prayer Book, Holy Communion said service

Life Groups

Monday women's group 1 pm Every 2nd & 4th week. Contact Nola: 0409683762

Tuesday mixed group 7:30 pm Contact Karen: 0402927966 or

oncewaslost3@gmail.com

Wednesday mixed group 7 pm Contact Tony: 0403945719 or Lynne:

lms5591@outlook.com

Wednesday mixed group - Bible Study 7:00 pm Contact Louisa: 0405588775

Thursday ladies craft group 10 am-3 pm Contact Jan: 0421850176

Old Church — New Life

21st January 2018

THE RELIEF THAT IS PRAYER

Many of us have had the experience of finding ourselves in a difficult situation or wrestling with an issue that is a very real source of stress and we find ourselves praying about it and the situation resolves itself, or was not as bad as we feared. Sometimes the situation does not improve but somehow by God's grace we are able to endure it and cope with difficult circumstances. I am reminded of Psalms 32 and 73 that each speak of the burdens that weigh us down, whether our own failings and sins or the failings and sins of others. When the Psalmist went to God in prayer and looked to him, only then did he find relief whether in forgiveness or gain greater understanding.

The writer to the Hebrews reminds us likewise of the confidence we have to come to God in prayer, not because of our standing or achievements, but because of our Great High Priest Jesus Christ who made the way for us through his death and resurrection. That is the foundation for the practice of prayer and our confidence in prayer whatever our circumstances.

Michael Stuart

THIS WEEKS READINGS:

Mark 1:14-20

Philippians 4:4-7

SERMON PREACHED BY:

Trevor Goodman-Jones

Title: God's Remedy For Anxiety

MISSIONS

Please pray for the Missions that we support overseas and within Australia. Also please pray for the KAC Missions Team who keep us up to date with them.

Check out our Missions board for the people we support.

Notices For This Week

PRAYER MEETING BEFORE THE SERVICE

A few of us meet and pray for KAC before the 9.30 service at 9.00 to 9.15 in the crèche. Come join us and see what God will do!

1Thessalonians 1:5 ... our gospel came to you not simply with words but also with power, with the Holy Spirit and deep conviction.

MICHAEL ON LEAVE

Michael is now on leave and will return 7th of February. Revd. Trevor Goodman-Jones will cover the Sunday services and urgent matters and Ian will look after the Wednesday service. For most of the time the family will be at home but are not to be disturbed. All enquiries go to Karen, the Warden or, if need be, Trevor.

FEBRUARY ROSTERS

If you are on either the 8am or 9:30am roster please let me know if you are unavailable for any of the Sunday's in February.

OLIVER YENGI'S DEACONING AND THANKSGIVING

Oliver will be ordained to the Diaconate on Wednesday the evening of the 24th of January at St George's Cathedral at 7.00pm. There will also be a Thanksgiving at the Sicilian Association club 1 Fortune St, Balcatta 27th of January 4pm. All KAC members are welcome to attend to celebrate. **If you are planning to attend the Thanksgiving on the 27th Feb please let Michael know. Do this through contacting the office.**

MEN'S BREAKFAST

There will be a Men's Breakfast on the 17th February beginning at 7:30am. It will be a minimal cost of \$5.

ACTS OF RANDOM FEASTING

We will be having an event called Acts of Random Feasting on the 24th and 25th of February. Next week we shall put out two kinds of sign-up sheets. One will be for those who want to host a Random Feast and the other will be for those who would like to attend a Random Feast.

ACYM LEADERS BREAKFAST—CHANGING PERSPECTIVES

Saturday 3 February, 8.30am—11am, At Wollaston Conference Centre. Teachers, chaplains, volunteers and clergy involved with children and youth are invited and encouraged to attend the ACYM Inaugural Leaders' Breakfast. Online registration is now open perth.anglican.org/events/. For assistance contact Barbara McDonald at bmcdonald@perth.anglican.org or call 9425 7272. See KAC Notice board for more information.

English Classes

Day and Time: Friday 9 to 12 am during school term. **Cost:** \$4 per person

Open to: anyone whose first language is not English

Children's Church

Kids At Church for 0-12s meets in the Ark @ 9.30am service for fun Bible teaching, songs, prayer, games and craft. Contact Alison on 0409941120 or alisonkac@bigpond.com

Karrinyup Sonshine Kids Playgroup

Meets Tuesdays during term time from 9.45 - 11.30 am for singing, craft, morning tea, free play and friendship. For more details and to book a place please contact Louisa on louisamread@gmail.com

Mike Bromilow has volunteered to assist me with some of the Parish and Diocesan admin work each month. He may need to communicate with parishioners on my behalf from time to time. He can be contacted on 0409 522 210 or at mybromilow@westnet.com.au

PRAYER REQUESTS: Write any special prayer request for this week on the back of the blue/yellow 'WELCOME CARD' in box at the back of the church and drop it back in.

Family Prayer Cycle

Week Commencing Sunday 21st January

- June Munns and family
- Bobby and Eva Mwakichako and family
- Clive and Nola Nichols and family

Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.



Philippians 4:6-7

Prayer Points

- Prayer of thanks to our Heavenly Father.
- Pray for Oliver's upcoming deaconing and future in ministry.
- Pray for the Daintons especially healing for Mark as he faces surgery on his broken leg.
- Those who are ill or their family members who are ill.
- KAC's finances. Thank God for a good month over December.
- Pray for wisdom as we look to a New Year and new challenges and opportunities.

